

**Memorial OPC**  
**Fall Adult Sunday School - Westminster Shorter Catechism**  
**Sept 13, 2009**

---

**Basic Outline of the Westminster Shorter Catechism**

- 1-3: Introduction (with Q&A #3 establishing the overall outline of the Catechism)
- 4-38: What man must believe concerning God (and his relationship with God)
- 4-6: The one true and living God
  - 5-12: God's works (God the Father)
  - 13-19: Man's fall and the consequences
  - 20-28: Christ the Redeemer (God the Son)
  - 29-38: Christ's work applied (God the Holy Spirit)
- 39-107: What duty God requires of man
- 39-84: The ten commandments
    - 39-44: Introduction to God's law
    - 45-62: Commandments 1 to 4
    - 63-81: Commandments 5 to 10
    - 82-84: Epilogue - All have broken God's law and are under God's wrath
  - 85-107: How must we escape the wrath of God?
    - 86-87: Faith and repentance
    - 88-107: The means of grace
      - 89-90: Means of grace - the word
      - 91-93: Means of grace - the sacraments
      - 94-95: Means of grace - baptism
      - 96-97: Means of grace - Lord's supper
      - 98-107: Means of grace - prayer

---

**Where We Have Been:**

- 1-3: Introduction (with Q. 3 establishing the overall outline of the Catechism)
- 1/4 Week 1: Outline of the WSC
  - 1/18 Week 2: Q. 1 The Chief End of Man
  - 1/25 Week 3: Q. 2-3 The Only Rule for Glorifying God
- 4-38: What man must believe concerning God (and his relationship with God)
- 4-11: *Doctrine of God, Decree, Creation, Providence*
- 2/1 Week 4: Q. 4-6 The Doctrine of the Triune God
  - 2/8 Week 5: Q. 7-8 God's Eternal Decrees

2/15	Week 6: Q. 9-10	Creation
2/22	Week 7: Q. 11	Providence
12-19: <i>Man 'sfall into sin and the consequences (the Covenant of Works/Life)</i>		
3/1	Week 8: Q. 12	The Covenant of Life/Works
3/8	Week 9: Q. 13-16	The Fall into Sin
3/15	Week 10: Q. 17-18	Our Sinful Estate
3/22	Week 11: Q. 19	Our Miserable Estate
20-28: <i>Christ the Redeemer of God's Elect through the Covenant of Grace</i>		
3/29	Week 12: Q. 20	The Covenant of Grace
4/5	Week 13: Q. 21 -22	Christ the Redeemer
4/26	Week 14: Q. 23-24	Christ Our Prophet
5/3	Week 15: Q. 25	Christ Our Priest
5/10	Week 16: Q. 26	Christ Our King
5/24	Week 17: Q. 27-28	Christ's Humiliation and Exaltation
29-38: <i>Christ's work applied by God the Holy Spirit</i>		
5/31	Week 18: Q. 29-31	Effectual Calling
6/7	Week 19: Q. 32-33	Justification
6/14	Week 20: Q. 34	Adoption
	<b>Q. 35</b>	<b>Sanctification</b>
	<b>Q. 36</b>	<b>Accompanying Benefits</b>
	<b>Q. 37</b>	<b>Believer's Benefits at Death</b>
	<b>Q. 38</b>	<b>Believer's Benefits at the Resurrection</b>

---

### **Westminster Shorter Catechism** (context of question 35)

Q29: How are we made partakers of the redemption purchased by Christ?

A29: We are made partakers of the redemption purchased by Christ, by the effectual application of it to us by his Holy Spirit.

Q30: How doth the Spirit apply to us the redemption purchased by Christ?

A30: The Spirit applies to us the redemption purchased by Christ, by working faith in us, and thereby uniting us to Christ in our effectual calling.

Q31: What is effectual calling?

A31: Effectual calling is the work of God's Spirit, whereby convincing us of our sin and misery, enlightening our minds in the knowledge of Christ, and renewing our wills, he doth persuade and enable us to embrace Jesus Christ, freely offered to us in the gospel.

Q32: What benefits do they that are effectually called partake of in this life?

A32: They that are effectually called do in this life partake of justification, adoption, and sanctification, and the several benefits which in this life do either accompany or flow from them.

Q33: What is justification?

A33: Justification is an act of God's free grace, wherein he pardons all our sins, and accepts us as

righteous in his sight, only for the righteousness of Christ imputed to us, and received by faith alone.

Q34: What is adoption?

A34: Adoption is an act of God's free grace, whereby we are received into the number, and have a right to all the privileges of the sons of God.

Q35: What is sanctification?

A35: Sanctification is the work of God's free grace, whereby we are renewed in the whole man after the image of God, and are enabled more and more to die unto sin, and live unto righteousness.

---

1. What does the word "sanctification" mean?

2. How can an inanimate object be "sanctified"?

3. What other words are related to the root of sanctification?

4. We can think of sanctification in several different ways:

Sanctification is a \_\_\_\_\_.

Sanctification is a \_\_\_\_\_.

Sanctification is a process whereby \_\_\_\_\_.

5. Which of these aspects of sanctification does the catechism focus on?

### **On to the Catechism:**

1. "Sanctification is the WORK of God's free grace...." Why is this language different than the language defining both justification and adoption as "an ACT of God's free grace"?

2. Why do we speak of sanctification as a renewal "in the whole man"?

3. What is the pattern for your sanctification?

4. What two components are involved in the carrying out of sanctification according to Answer 35?

5. Is there a proper (or logical) order between these two components? Can either of these two components ever stand on its own?

6. Why must we always carefully distinguish between sanctification and justification? Why must we never sever sanctification from justification?